

IGDC Scientific Workshop Program

Timings

Tuesday 16th of March 2021

Start End Zoom Online Platform

14:30 15:00 **Opening Remarks (Chair of the Conference)**
H.E. Sheikh Nahayan Mabarak Al Nahayan
Cabinet Member, Minister of Tolerance and Coexistence

15:00 15:30 **Plenary Session: Omega-3 Fatty Acids for Optimal Health Across the Life Course**
Prof. Philip Calder
Professor of Nutritional Immunology, Faculty of Medicine, University of Southampton, Southampton, United Kingdom

Session 1 Ms. Wafaa Helmi Ayesh

15:30 15:50 **Oral Tolerance: Myth or Reality!**
Prof. Joseph Haddad
Professor of Pediatrics
St. George University Hospital & University of Balamand, Lebanon

15:50 16:10 **Role of Public-Private Partnerships in Addressing Childhood Obesity: Evidence from the Implementation and Regional Replication of Ajyal Salima**
Dr. Carla Habib
Lecturer, Faculty of Agriculture & Food Sciences
American University Beirut, Lebanon

16:10 16:30 **Why Colostrum**
Prof. Wael Bahbah
Professor and Consultant of Pediatrics, Pediatric Clinical Nutrition, Faculty of Medicine, Menoufia University, Egypt

16:30 16:50 **Failure to Thrive: The Clinical Tips!**
Dr. Eslam El-Baroudy
Professor & Consultant Pediatrics, Faculty of Medicine, Cairo University, Consultant Pediatrician, Sheikh Khalifa Medical City (SKMC), United Arab Emirates

16:50 18:00 Exhibition Hall / Lounge / Break
Oral Abstract Presentation (Exhibition Hall)

Sponsored Session

17:15 17:30 **TUAT Session**
Dr. Hiroki Wakamatsu
CEO, Tokyo University of Agriculture and Technology Research Institute Co. Ltd, Japan

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Session 2 **Moderator - Dr. Amita Attlee**

18:00 18:20 **Metabolic Syndrome in Children and their Relationship to Fat Belly Diseases**
Dr. Osama Kamel Ali Alalla
Sports Health Specialist, Sports Abu Dhabi Council, United Arab Emirates

18:20 18:40 **Energy Drinks & Junk Foods Consumption among School Children & Adolescents in UAE**
Ms. Aisha Al Mulla
Dietitian - Community Nutrition Department, Tawam Hospital, United Arab Emirates

18:40 19:00 **Effects of Exercise on Ad Libitum Food Intake**
Ms. Wafaa Helmi Ayesh
Consultant, Clinical Nutrition Department, Dubai Health Authority, United Arab Emirates

19:00 19:20 **Nutrition and Metabolic Health**
Dr. Jagmeet Madan
National President, Indian Dietetic Association, Principal & Professor, Department of Food Nutrition and Dietetics, Sir VithaldasThackersey College of Home Science (Autonomous), SNDT Women's University, India

19:20 19:30 Break

Session 3 **Moderator - Dr. Maysm Mohamad**

19:30 19:50 **Body Composition Profiling and Health Risk**
Dr. Carine Platat
Associate Professor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

19:50 20:10 **Oxylipins and Polycystic Kidney Disease**
Dr. Naser Ibrahim
Assistant Professor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

20:10 20:30 **The Importance of the Body Composition Analyses & How to Read the Results in Treating your Patients**
Ms. Razan Swaihat
Dietitian & Wellness Consultant
NLV Medical Center, United Arab Emirates

20:30 20:50 **Recovery Meal**
Mr. Amjad Jarrar
Instructor, Department of Nutrition and Health, College of Medicine and Health Sciences, UAE University, United Arab Emirates

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15:00 15:30 **Plenary: National Nutrition Guidelines**
Ms. Latefa Rashed
Head of Nutrition Department
Ministry of Health, United Arab Emirates

Session 4 Moderator: Prof. Ayesha Al Dhaheri

15:30 17:00 **Nutritional Status and Complementary Feeding Practices of Infants and Toddlers: Findings from the FITS Study**

The FITS KIDS Study: Methodology and Global Application
Dr. Emma Jacquier - Head of the Department of Nutrition Sciences, Nestlé Research, Switzerland

The FITS Study in the UAE: How We Made it Happen
Dr. Leila Cheikh Ismail - Associate Professor, College of Health Sciences, University of Sharjah, UAE

Nutritional Status & complementary Feeding Practices of Infants and Toddlers: Findings from the FITS Study in the UAE
Prof. Nahla Hwalla - Professor of Human Nutrition, American University of Beirut, Lebanon

Nutritional Status & Dietary Intake of Infants and Young Children: Results of the Lebanon FITS
Dr. Lara Nasreddine - Associate Professor of Human Nutrition, American University of Beirut, Lebanon

Panelists interventions

17:00 18:30 **Exhibition Hall / Lounge / Break**
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17:30 17:45 **Professional Measurement of Body Composition**
Mrs. Stefanie Krämer
Product Manager-Medical Body Composition- SECA GmbH & Co. KG, Hamburg

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Session 5 **Moderator: Dr. Habiba Ali**

18:30 18:50 **Nutrition and Immunity, Two Faces of One Coin**
Prof. Enas Raafat
Prof. Child Health, National Research Center, Consultant of Clinical Pediatric Nutrition, Vice President of Society of Respiratory Diseases and Pediatric Nutrition (SRPN), Egypt

18:50 19:10 **Exclusive Breastfeeding & Complimentary Feeding Knowledge, Attitude and Practices (KAP) and its Determinants in Dubai & Sharjah**
Dr. Haleama Al Sabbah
Associate Professor in Public Health Nutrition, Health Science Department, College of Natural & Health Sciences, Zayed University, United Arab Emirates

19:10 19:30 **Dietary Management for Newborn Diagnosis of Classical Galactosemia**
Ms. Masooma Al Jasmi
Head of Clinical Nutrition Dept. & Senior Clinical Dietitian Al Jalila Hospital, United Arab Emirates

19:30 19:40 Break

Session 6 **Moderator: Dr. Fatme Al Anouti**

19:40 20:00 **Prebiotics / Probiotics & Immune Regulation in Early Life**
Prof. Sanaa Youssef Shaaban
Professor of Pediatrics and Clinical Nutrition, Faculty of Medicine, Ain-Shams University, President, Arab Society of Pediatric Clinic Nutrition, Egypt

20:00 20:20 **Common Nutritional Practices that Need to be Changed in the NICU**
Dr. Zakariya Al Salam
Consultant Neonatologist, Chairman of Pediatrics, Chief Medical Officer, Saudi German Hospital, Kingdom of Saudi Arabia

20:20 20:30 **Vitamin D Deficiency in Neonates**
Dr. Mahmoud Elhalik
Consultant Neonatologist & Head of Neonatal Intensive Care Unit (NICU), Latifa Women & Children Hospital, Dubai Health Authority, United Arab Emirates

20:30 20:50 **The Development of Food Preferences in Infants & Toddlers**
Prof. Kees de Graaf
Professor of Sensory Science and Eating Behavior, Chairman, Division of Human Nutrition, Wageningen University, Netherland

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Session 7 **Moderator: Dr. Haleama Al Sabbah**

15:00 15:20 **Screening & Prevention of Osteoporosis**

Dr. Arwa Al-Modwahi

Senior Officer, Community Health, Abu Dhabi Public Health Center
United Arab Emirates

15:20 15:40 **The Relation Between Vitamin D and Vitamin D Receptor Genetics in Osteoporosis Among Emirati Females**

Dr. Fatme Al Anouti

Assistant Dean of Student Affairs & Associate Professor of Biochemistry, College of Natural & Health Sciences Zayed University, United Arab Emirates

15:40 16:00 **Chronological Age VS Biological Age from Nutrition Prospective**

Dr. Khalid Al Madani

Clinical Nutrition Consultant, Member of the Board of ILSI Middle East and Saudi Society for Food and Nutrition, Kingdom of Saudi Arabia

16:00 16:10 Break

Session 8 **Moderator: Prof. Liliana Stojanovska**

16:10 16:30 **Healthy Food Choices to Promote Health**

Ms. Jamila Ahmed

Senior Officer Health Promotion and PH programs, Abu Dhabi Public Health Center,
United Arab Emirates

16:30 16:50 **Promoting Health and Business of Date Palm Fruits**

Dr. Hiroki Wakamatsu

CEO, Tokyo University of Agriculture and Technology Research Institute Co. Ltd, Japan

16:50 17:10 **Plant-Based Meats: A Closer Look at this Growing Trend**

Ms. Hala Tajrine

Clinical Dietitian, The All England Practice, United Arab Emirates

17:10 18:00 Exhibition Hall / Lounge / Break
Oral Abstract Presentation (Exhibition Hall)

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17:30 17:45 **Importance of Muscle and Protein Across Continuum of Care**

Ms. Maria Camprubi Robles

Senior Scientist, Nutrition Science EMEA, Abbott Nutrition, R&D, Spain

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Session 9 **Moderator: Ms.Masooma Al Jasmi**

18:00 18:20 **An Overview of Nutrition Management for Bariatric Surgery**
Ms. Afra Bin Katta
Head of Clinical Nutrition Section & Senior Specialist Clinical Dietitian, Clinical Nutrition Dept., Dubai Hospital Dubai Health Authority, United Arab Emirates

18:20 18:40 **Decoding Eating Behaviors: Applications of ABCs in Patient Counseling**
Dr. Habiba Ali
Vice Dean, Health Sciences Division, College of Medicine and Health Sciences, UAE University, United Arab Emirates

18:40 19:00 **Patient Centricity: How to Engage Your Patient**
Dr. Nader Al Adawi
Professional Learning Partner, Senior Training Consultant,
Certified Master Life Coach MBChB, DTCD, United Arab Emirates

19:00 19:20 **Intersectoral Action for Promoting Health During the Life Course (from Pediatric to Geriatric)**
Dr. Samar ElFeky
Technical Officer Community-Based Initiatives & Healthy Settings, Department of Healthier Population, World Health Organization, Regional Office of Eastern Mediterranean Region, Egypt

19:20 19:30 Break

Session 10 **Moderator: Ms. Razan Swaiyhat**

19:30 19:50 **Mutaba'ah – Mother and Child Health Study**
Dr. Luai Ahmed
Associate Professor, Institute of Public Health, College of Medicine and Health Sciences UAE University, United Arab Emirates

19:50 20:10 **Parents-Caregiver Influences on Children's Eating Habits**
Ms. Muna Haway
Director office, Sharjah Medical District, Ministry of Health & Prevention, United Arab Emirates

20:10 20:30 **Dietary Inflammatory Potential and Health Status in Young Adults**
Dr. Amita Attlee
Chair and Assistant Professor, Department of Nutrition and Health, College of Medical and Health Sciences, UAE University, United Arab Emirates

20:30 20:50 **Cinema Theaters Snacks and Extend its Danger to Society**
Ms. Ayda Al Bloushi
Senior Community Nutritionist, Tawam Hospital United Arab Emirates

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Session 11 **Moderator: Dr. Hayder Hasan**

15:00 15:20 **Age-Related Changes in Energy Expenditure & Energy Requirements**
Dr. Mario Soares
Associate Professor, Public Health/Health Sciences Curtin University, Australia

15:20 15:40 **Age-Reversing Bio-Nutraceuticals & Exercise Approaches: From Molecules to Lifestyle**
Prof. Ahmad Alkhatib
Professor of Health Nutrition and Sport Science University of Taipei, Taiwan

15:40 16:20 **Obesity and the Ageing Brain: What are the Risks?**
Prof. Louise Dye
Professor of Nutrition & Behaviour and leads the Nutrition and Behaviour Group, Human Appetite Research Unit, School of Psychology, University of Leeds, United Kingdom

16:20 16:30 Break

Session 12 **Moderator: Ms. Sondos Harfil**

16:30 16:50 **Women's Health: Managing Menopause Without Medicine Incorporating Nutrition**
Prof. Liliana Stojanovska
Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates

16:50 17:10 **Gestational Weight Gain & Gestational Diabetes among Emirati and Arab Women in the United Arab Emirates: Results from the MISC Cohort**
Dr. Hadia Radwan
Associate Professor, Clinical Nutrition & Dietetics Dept. (CND), College of Health Sciences, University of Sharjah, United Arab Emirates

17:10 17:30 **Intermittent Fasting, Caloric Restriction and Healthy Aging: What the Science Says?**
Dr. MoezAllIslam Faris
Associate Professor, Department of Clinical Nutrition & Dietetics, College of Health Sciences University of Sharjah, United Arab Emirates

17:30 18:00 Exhibition Hall / Lounge / Break
Oral Abstract Presentation (Exhibition Hall)

18:00 19:00 **How to Lead – Developing the Five Core Skills of Leadership Workshop**
Mr. Mark Hollingsworth - MBA FInstLM
Chief Executive, The Nutrition Society, United Kingdom

19:00 19:15 Break

19:15 20:15 **How to Get Your Paper Published Workshop**
Prof. Philip Calder
Federation of European Nutrition Societies, Professor of Nutritional Immunology, Faculty of Medicine, University of Southampton, United Kingdom

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